

Children's Grief Center of El Paso Impact Report 2023

We believe that no child should grieve alone.



A Note From Kathy Revtyak, Executive Director

The Children's Grief Center of El Paso enters our twenty-ninth year with deep commitment to growing our impact. Our work starts with a simple, yet profound belief: No child should grieve alone. We are proud that we touched and changed the lives of 227 bereaved individuals, including children, adolescents, and adults, in 2023.

Our work is rooted in our fundamental commitment to support grieving children to recover and thrive. We believe that just as no two children grieve the same, there is no single way to support bereaved youth. We seek to create holistic, compassionate, culturally-sensitive, evidence-based supports that meet the needs and choices of every family we serve. Early intervention that creates safety, connection and tools for regulation builds resilience in our youth and mitigates adverse outcomes in their lives.

The staff, volunteers, Board Members and community supporters of the Children's Grief Center share a common spirit of hope and compassion. We are proud of the progress we have made in expanding our services and increasing our impact in 2023. We remain steadfast in our commitment to expand our reach across the region to ensure that no child grieves alone.

Kathy Revtyak
Executive Director
Children's Grief Center of El Paso



Our Vision:

We believe that no child should grieve alone and that every child should have access to healing, health and hope through grief-informed communities.

Our Mission:

We create compassionate and inclusive spaces that promote healing and well-being among grieving children, youth, and their families through community-based peer groups, individual and family services, and grief-informed education and advocacy.

Our Core Values:

Inclusivity

Compassion

Integrity

Service

Wellness

2023 By The Numbers



330

Individuals served through intake, screening, and information and referral

Increasing the number of children and families who participate in intake ensures that they will get the help they need whether through peer support services we offer or referral to other resources.



226

Group sessions at the center including 46 grief group nights, 58 children and youth and 39 caregivers FREE TO ALL

Through the support of 16 trained volunteers, children, youth and families have reported reduced feelings of isolation and shame, improved connections with caregivers and school staff, increased adaptive skills for coping.



74

Group sessions were delivered through school-based services

We trained and collaborated with 8 school counselors as youth grief group facilitators to provide services. We served 36 school campuses in YISD and Gadsden ISD, trained 56 staff.

The number of youth encounters totaled 83.



2260+

Provide peer support services

In addition to volunteer hours of direct facilitation support, Board Members contributed 150 hours of service.

Who We Are



3

Full-time staff members including Executive Director, Clinical Director and Clinical Associate



15

Board of Director Members (Increase from 12 in 2022)



16

Trained Volunteers



31

Foundation Funders and Corporate Donors



Significant Stats for 2023 in Center-Based Services:

1. We served a higher number of youth who have pre-existing trauma or mental health exposure--more than 85% of youth have experienced two or more Adverse Childhood Experiences (ACE's)
1. We served large numbers of children/ families who are military-involved, upwards of 30% of our clients
2. We are providing culturally-grounded, grief-informed care to youth with increasingly diverse cultural backgrounds. Our programming works to reduce stigma and additional mental health challenges associated with marginalization.





School Grief Support Project Outcomes:

Among Youth:

- 81% reported that they were better able to express their feelings regarding their deceased loved one.
- 84% reported that they were better able to talk about their deceased loved one.
- 77% reported being better able to focus on school.
- 80% reported being better able to get quality sleep.

Among Parents/ Caregivers:

- 100% reported that attending sessions was helpful.
- 87% reported improved communication with their grieving children
- 90% of parents reported improved behavior of their program-involved youth.

Among Participating School Counselors Trained by CGC to provide grief support groups:

- 100% endorsed the program and gained adequate experience for helping grieving students
- 100% felt the project was helpful to the students in processing their grief, thereby improving their focus on school.
- 100% felt they gained enough practical experience to help facilitate a grief support group

Pre and Post Feedback reported that our strong prevention focus led to several positive outcomes for youth:

- Improved coping
- Improved ability to process their grief
- Improved sense of connection and communication with family members and peers

Parents also affirmed through evaluation reports:

- Improved emotional well-being of their children
- Improvement in their own well-being
- Successful acquisition of tools, skills and support to parent through grief.





Strengthening CGC's Sustainability

- Expanded our Foundation Partners, Corporate Donors and our network of individual contributors
- Updated computer hardware and software systems to enable growth of telehealth services and ensure HIPPA compliance and system-wide data security.
- Created new partnerships with Nonprofit Exchange to enable new donor-assisted technology and refreshed our website for increased user accessibility.
- Initiated outreach efforts through staff presence at six events reaching 160 individuals to increase awareness of the Center and our services.
- Fundraising efforts included our annual dinner and auction, race event and direct appeals. Our Gala boasted the highest attendance and revenue to date.
- The Center is a participating member of the National Alliance for Children's Grief. Staff attended the annual conference in Pittsburgh, PA to collaborate with other children's bereavement centers from across the country.
- Restructured our screening, information and referral process to eliminate our waitlist.
- Actively worked to remove barriers to accessing care and services for our participants. We eliminated the out-of-pocket expense to families for Family Grief Support Group Night effective October 1, 2023.

Foundation Funders in 2023

Foundations	Amount	Timing
Dues Foundation	\$18,000	March
EPCF/ Keating Foundation	\$6,000	June
FBSA	\$3,000	January
Feinberg Foundation	\$1,000	June
GECU Foundation	\$5,000	September
Hervey Foundation	\$10,000	January
Hightower Foundation	\$10,000 ⁷	January
Hogg Foundation Supplemental Fund	\$5,000	June
Hunt Foundation	\$7,500	February
McKee Foundation	\$10,000	January
Moleen Foundation	\$30,000	June
Moor Foundation	\$7,000	June
NY Life Community Impact Grant	\$25,000	December
Seymour Foundation	\$10,000	March
Shiloff Family Foundation	\$5,000	December
Stern Foundation	\$5,000	December
Walmart Foundation	\$2,000	July
Yellen Foundation	\$250	
Total assets	\$161,2506	

IMPACT FOR THE FUTURE: **OUR STRATEGIC PRIORITIES**

Strengthen our Infrastructure to accelerate growth.

- Fortify operational systems, including Electronic Health Records
- Expand awareness and network through digital platforms
- Increase network of contracted professionals for a blended staffing model.
- Fortify financial and billing infrastructure investment.

Build collaborations across the community to increase our impact.

- ***Leverage partnerships with local schools, universities and colleges, state-level collaborations, state level partnerships and involvement with the National Alliance for Children's Grief and nation-wide partnerships with other bereavement centers.***
- ***Elevate the brand and community communications***

Increase capacity for grief-informed treatment across the region through education and training at School Districts, local mental health agencies and among private practitioners.

- Expand school counselor education and School Grief services
- Provide grief-informed therapy training across the community
- Support clinical internships with UTEP

Build financial stability for the future.

- Adapt and expand events to deliver greater revenue
- Cultivate donor stewardship
- Diversify and expands grants and contracts
- Generate revenue through clinical services for individuals and families
- Establish an endowment to secure CGC's future



Our volunteers, funders, donors, and Friends of CGC inspire hope.

***To the world you may be one person
but to one person you can be the
world.***